



ROOKIE TACKLE PLAYBOOK



TABLE OF CONTENTS

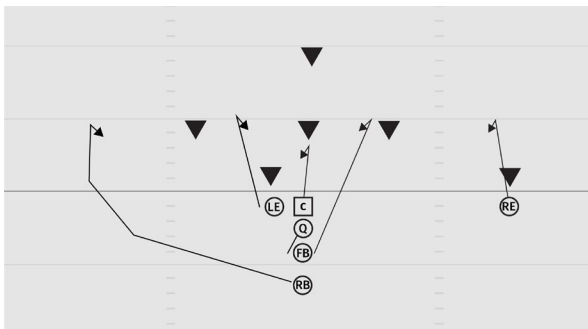
1: 6-Player Plays	3
6-Player Pro	4
6-Player Tight	11
6-Player Spread	18
2: 7-Player Plays	25
7-Player Pro	26
7-Player Tight	33
7-Player Spread	40
3: 8-Player Plays	46
8-Player Pro	47
8-Player Tight	54
8-Player Spread	61

6 - PLAYER ROOKIE TACKLE PLAYS

ROOKIE TACKLE 6-PLAYER PRO

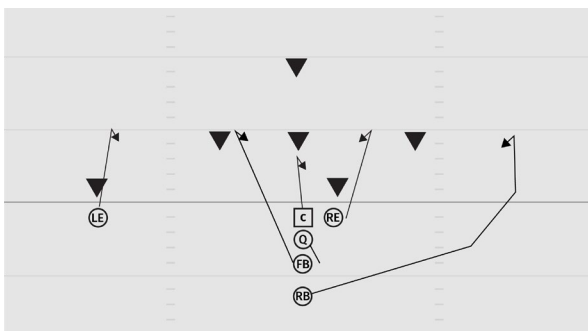


ROOKIE TACKLE 6-PLAYER PRO ALL CURL LEFT



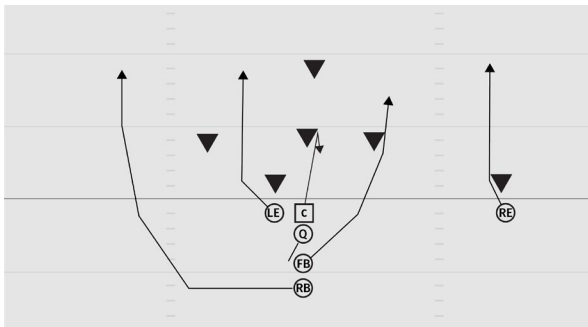
- RE 5 yard Curl inside widest defender
- C 3 yard Checkdown
- LE 5 yard Curl
- Q 3 step drop
- FB 5 yard Curl inside linebacker
- RB 5 yard Curl aiming between hash and numbers

ROOKIE TACKLE 6-PLAYER PRO ALL CURL RIGHT



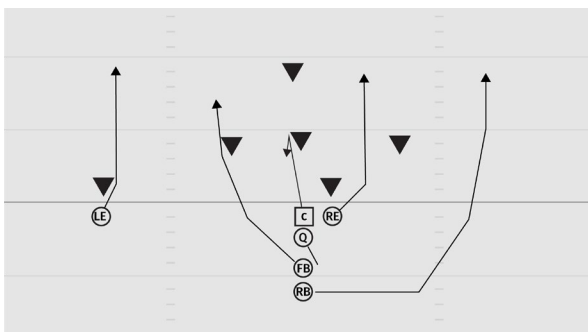
- LE 5 yard Curl inside widest defender
- C 3 yard Checkdown
- RE 5 yard Curl
- Q 3 step drop
- FB 5 yard Curl inside linebacker
- RB 5 yard Curl aiming between hash and numbers

ROOKIE TACKLE 6-PLAYER PRO ALL GO LEFT



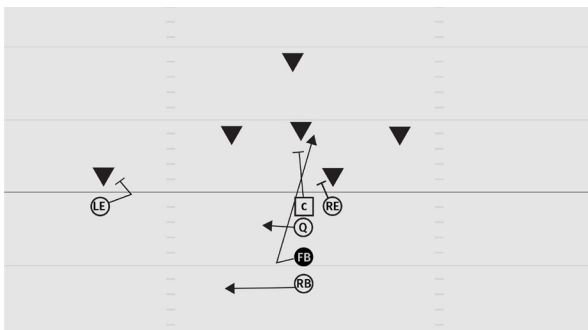
- LE Seam route inside outside defender
- C 4 yard Checkdown
- RE Inside release, Go route
- Q 5 step drop
- FB Seam route outside linebacker
- RB Go route aiming between hash and numbers

ROOKIE TACKLE 6-PLAYER PRO ALL GO RIGHT



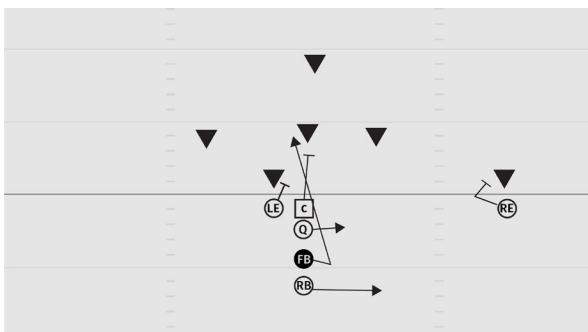
- C 4 yard Checkdown
- LE Inside release, Go route
- Q 5 step drop
- FB Seam route outside linebacker
- RB Go route aiming between hash and numbers
- RE Outside release, Go route

ROOKIE TACKLE 6-PLAYER PRO DIVE LEFT



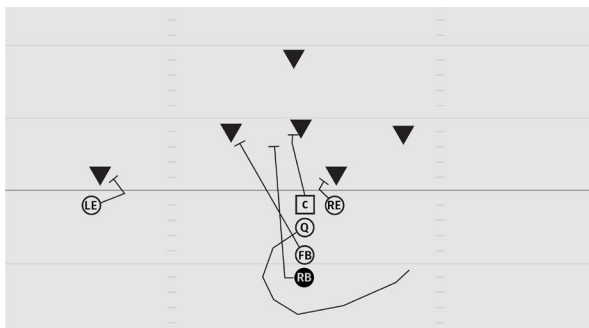
- LE Scope block defensive tackle
- C Drive block middle linebacker
- RE Stalk clock cornerback
- Q Open to left, dive hand-off and continue down the line faking wide play
- FB Lateral step left, accelerate behind center's block
- RB Fake sweep

ROOKIE TACKLE 6-PLAYER PRO DIVE RIGHT



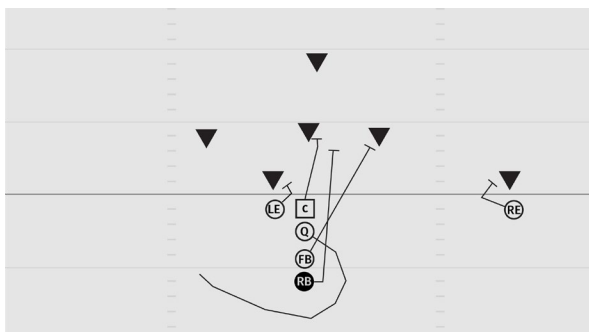
- LE Scope block defensive tackle
- C Drive block middle linebacker
- RE Stalk block cornerback
- Q Open to left, dive hand-off and continue down the line faking wide play
- FB Lateral step left, accelerate behind center's block
- RB Fake sweep

ROOKIE TACKLE 6-PLAYER PRO ISO LEFT



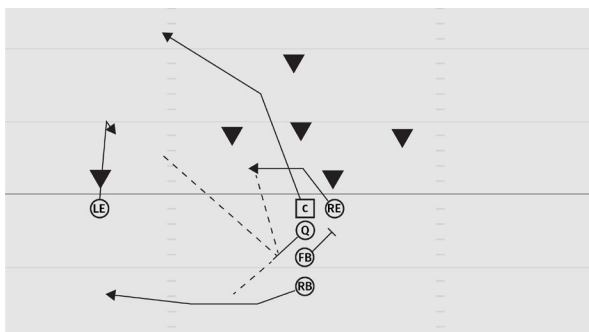
- RE Scope block defensive tackle
- C Drive block middle linebacker
- LE Stalk block cornerback
- Q Open playside hand-off to second player through (running back)
- FB Lead block on playside linebacker
- RB Lateral step playside, follow FB's block into the hole

ROOKIE TACKLE 6-PLAYER PRO ISO RIGHT



- LE Scope block defensive tackle
- C Drive block middle linebacker
- RE Stalk block cornerback
- Q Open playside hand-off to second player through (running back)
- FB Lead block on playside linebacker
- RB Lateral step playside, follow FB's block into the hole

ROOKIE TACKLE 6-PLAYER PRO SWING LEFT



LE 3 yard Crossing route

C 8 yard Corner route

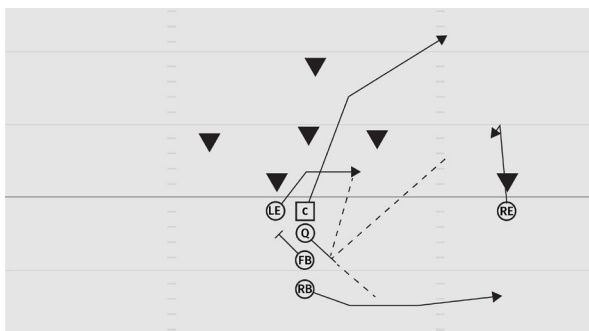
RE 5 yard Curl

Q 3 step drop slightly playside, read the three-way triangle

FB Fill in behind E for protection

RB Swing route play side

ROOKIE TACKLE 6-PLAYER PRO SWING RIGHT



LE 3 yard Crossing route

C 8 yard Corner route

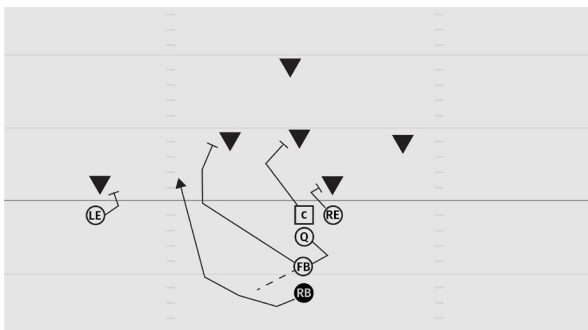
RE 5 yard Curl

Q 3 step drop slightly playside, read the three-way triangle

FB Fill in behind E for protection

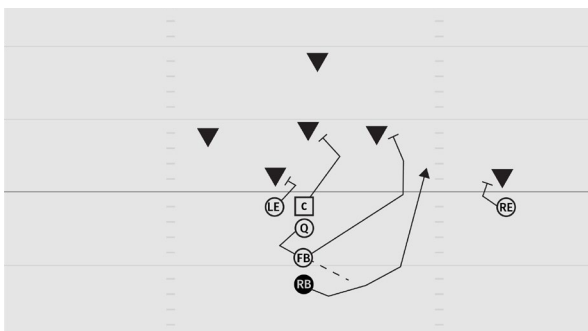
RB Swing route playside

ROOKIE TACKLE 6-PLAYER PRO TOSS LEFT



- RE Scoop block defensive tackle
- C Reach block middle linebacker
- LE Stalk block cornerback
- Q Reverse pivot out from center and toss to RB
- FB Lead around the playside edge and block the most dangerous, trying to turn defender inside
- RB Arc release, receive pitch, follow FB

ROOKIE TACKLE 6-PLAYER PRO TOSS RIGHT

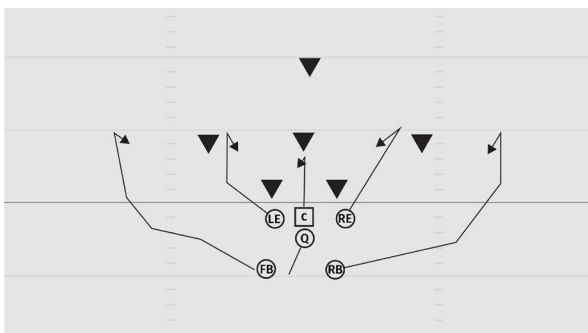


- RE Scoop block defensive tackle
- C Reach block on middle linebacker
- LE Stalk block cornerback
- Q Reverse pivot out from center and toss to RB
- FB Lead around the playside edge and block the most dangerous, trying to turn defender inside
- RB Arc release, receive pitch, follow FB

ROOKIE TACKLE 6-PLAYER TIGHT

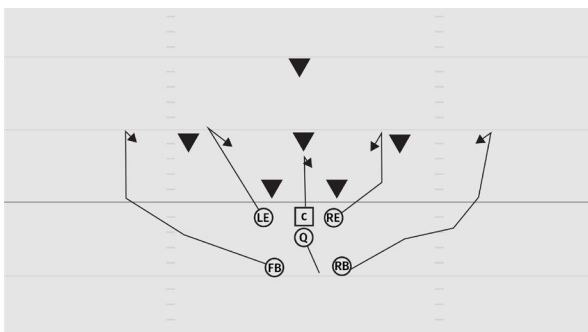


ROOKIE TACKLE 6-PLAYER TIGHT ALL CURL LEFT



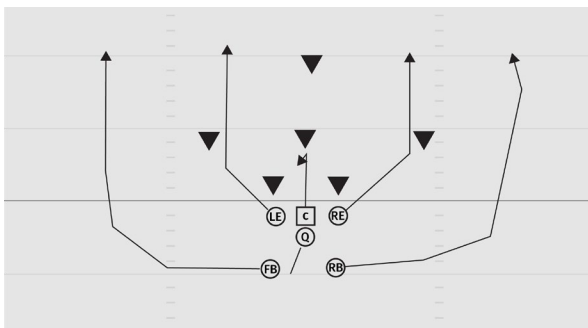
- LE 5 yard Curl inside widest defender
- C 3 yard Checkdown
- RE 5 yard Curl inside widest defender
- Q 3 step drop
- FB 5 yard Curl aiming between hash and numbers
- RB 5 yard Curl aiming between hash and numbers

ROOKIE TACKLE 6-PLAYER TIGHT ALL CURL RIGHT



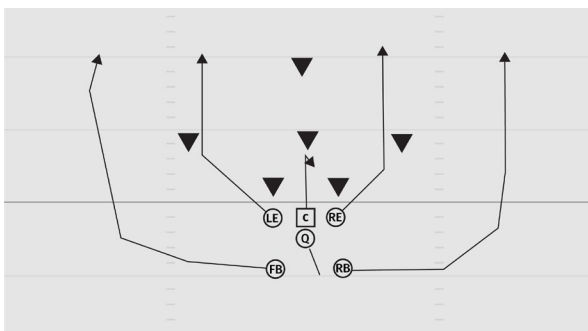
- RE 5 yard Curl inside widest defender
- C 3 yard Checkdown
- LE 5 yard Curl inside widest defender
- Q 3 step drop
- RB 5 yard Curl aiming between hash and numbers
- FB 5 yard Curl aiming between hash and numbers

ROOKIE TACKLE 6-PLAYER TIGHT ALL GO LEFT



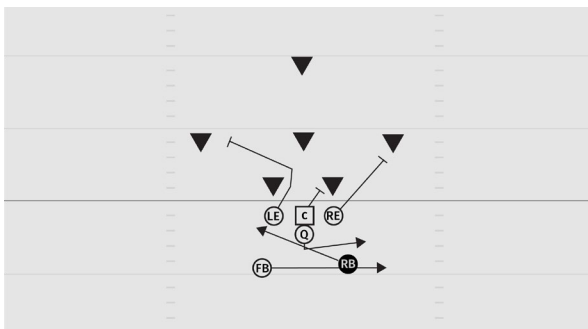
- LE Seam route inside widest defender
- C 3 yard Checkdown
- RE Seam route inside widest defender
- Q 3 step drop
- FB Go route aiming between hash and numbers
- RB Go route aiming between hash and numbers

ROOKIE TACKLE 6-PLAYER TIGHT ALL GO RIGHT



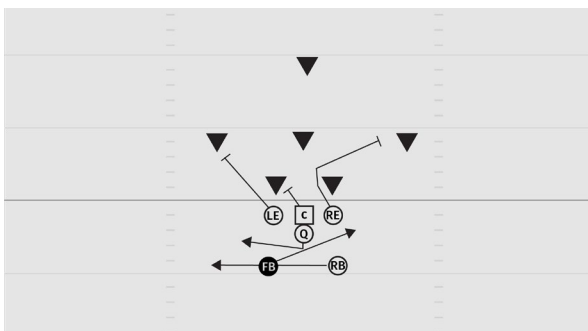
- RE Seam route inside widest defender
- C 3 yard Checkdown
- LE Seam route inside widest defender
- Q 3 step drop
- RB Go route aiming between hash and numbers
- FB Go route aiming between hash and numbers

ROOKIE TACKLE 6-PLAYER TIGHT CROSS LEFT



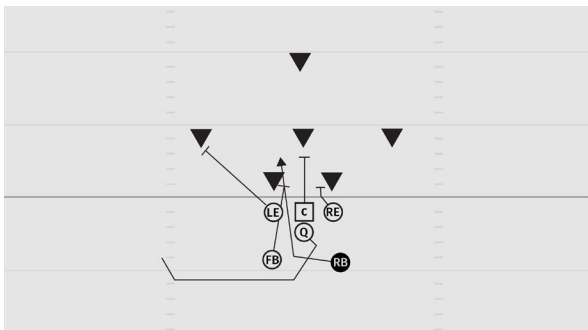
- LE Inside release on defensive tackle, work back out to widest linebacker
- C Block back on defensive tackle
- RE Outside release to widest linebacker
- Q Open deep to fake sweep and continue down line after hand-off
- FB Fake sweep opposite playside
- RB Pause for one second, run between RB and QB, take hand-off around unblocked defensive lineman, read block of LE on linebacker

ROOKIE TACKLE 6-PLAYER TIGHT CROSS RIGHT



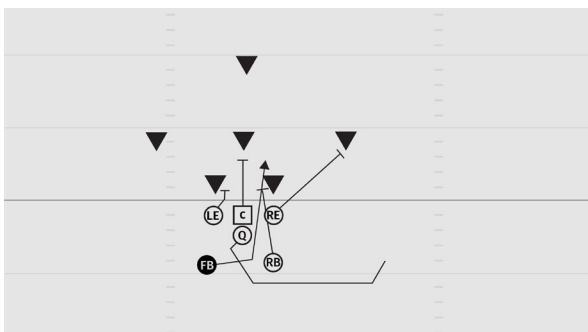
- RE Inside release on defensive tackle, work back out to widest linebacker
- C Block back on defensive tackle
- LE Outside release to widest linebacker
- Q Open deep to fake sweep and continue down line after hand-off
- RB Fake sweep opposite playside
- FB Pause for one second, run between RB and QB, take hand-off around unblocked defensive lineman, read block of RE on linebacker

ROOKIE TACKLE 6-PLAYER TIGHT KICKOUT LEFT



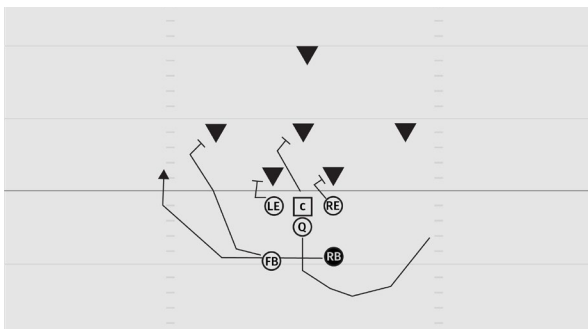
- RE Scoop block defensive lineman
- C Drive block middle linebacker
- LE Outside release to widest linebacker
- Q Open deep to fake sweep and continue as if keeping the ball wide after hand-off
- FB Kickout block playside defensive lineman
- RB Lateral step across as if sweep then turn up and attack A gap behind kickoff block

ROOKIE TACKLE 6-PLAYER TIGHT KICKOUT RIGHT



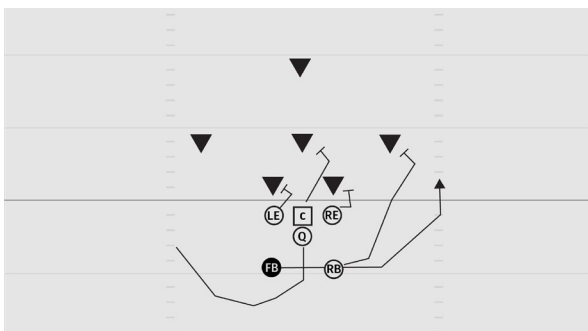
- LE Scoop block defensive lineman
- C Drive block middle linebacker
- RE Outside release to widest linebacker
- Q Open deep to fake sweep and continue as if keeping the ball wide after hand-off
- RB Kickout block playside defensive lineman
- FB Lateral step across as if sweep then turn up and attack A gap behind kickoff block

ROOKIE TACKLE 6-PLAYER TIGHT SWEEP LEFT



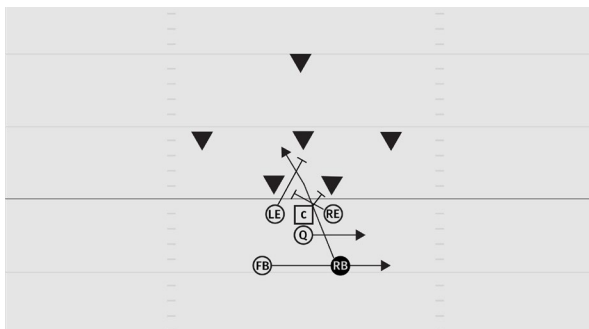
- LE Reach block defensive lineman
- C Reach block middle linebacker
- RE Scoop block defensive lineman
- Q Open deep playside, hand-off flat to RB going wide and continue on bootleg fake
- FB Attack around corner, block most dangerous defender
- RB Flat path across the backfield, receive hand-off and follow FB

ROOKIE TACKLE 6-PLAYER TIGHT SWEEP RIGHT



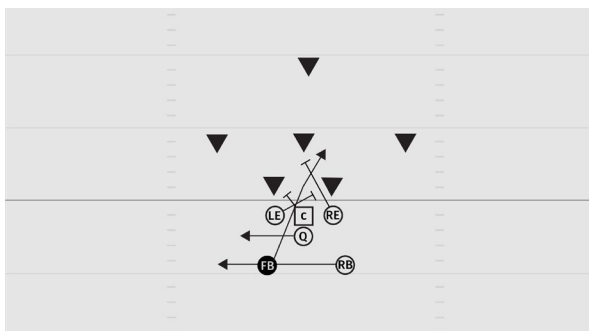
- RE Reach block defensive lineman
- C Reach block middle linebacker
- LE Scoop block defensive lineman
- Q Open deep playside, hand-off flat to RB going wide and continue on bootleg fake
- RB Attack around corner, block most dangerous defender
- FB Flat path across the backfield, receive hand-off and follow FB

ROOKIE TACKLE 6-PLAYER TIGHT TRAP LEFT



- LE Inside release for middle linebacker
- C Block back on defensive lineman
- RE Trap block playside defensive lineman
- Q Open playside, give inside hand-off and continue fake down the line
- FB Fake sweep
- RB Pause a count and follow pulling guard on trap into the hole

ROOKIE TACKLE 6-PLAYER TIGHT TRAP RIGHT

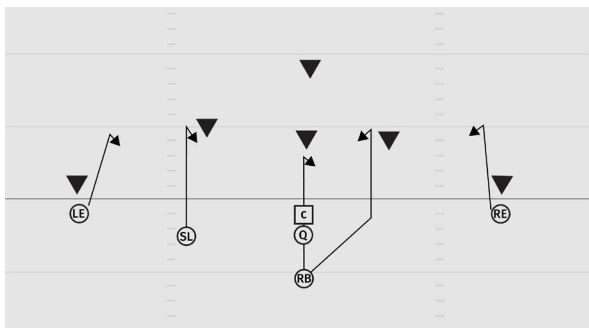


- RE Inside release for middle linebacker
- C Block back on defensive lineman
- LE Trap block playside defensive lineman
- Q Open playside, give inside hand-off and continue fake down the line
- FB Fake sweep
- RB Pause a count and follow pulling guard on trap into the hole

ROOKIE TACKLE 6-PLAYER SPREAD

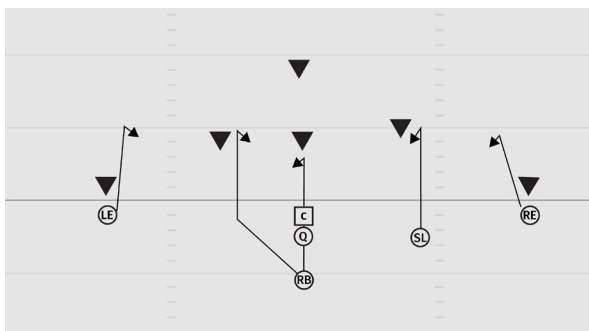


ROOKIE TACKLE 6-PLAYER SPREAD ALL CURL LEFT



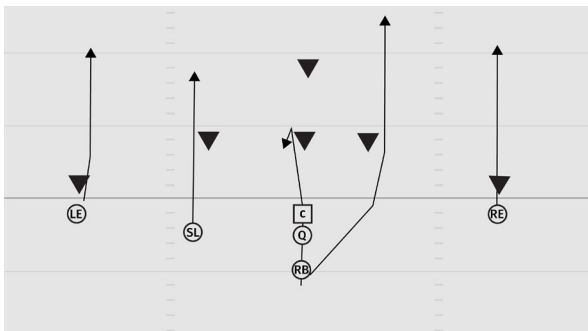
- LE 5 yard Curl inside covering defender
- SL 5 yard Curl inside covering defender
- C 3 yard Checkdown route
- RE 5 yard Curl inside covering defender
- Q 3 step drop
- RB Work for width and run a 5 yard Curl inside the outside linebacker

ROOKIE TACKLE 6-PLAYER SPREAD ALL CURL RIGHT



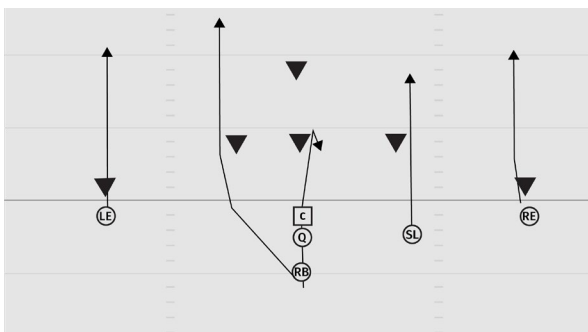
- RE 5 yard Curl inside covering defender
- SL 5 yard Curl inside covering defender
- C 3 yard Checkdown route
- LE 5 yard Curl inside covering defender
- Q 3 step drop
- RB Work for width and run a 5 yard Curl inside the outside linebacker

ROOKIE TACKLE 6-PLAYER SPREAD ALL GO LEFT



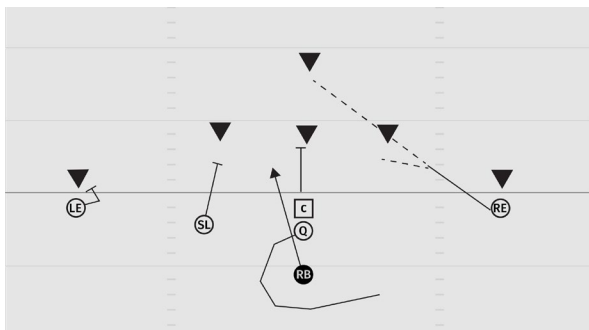
- LE Inside release, Go route
- SL Seam route
- C 5 yard Curl
- RE Inside release, Go route
- RB Work for width, Seam route inside hash
- Q 5 step drop

ROOKIE TACKLE 6-PLAYER SPREAD ALL GO RIGHT



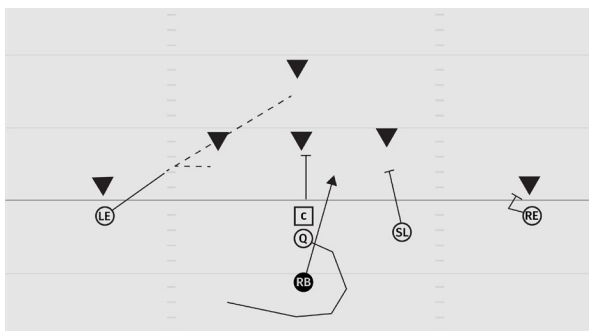
- RE Inside release, Go route
- SL Seam route
- C 5 yard Curl
- LE Inside release, Go route
- RB Work for width, Seam route inside hash
- Q 5 step drop

ROOKIE TACKLE 6-PLAYER SPREAD DIVE LEFT



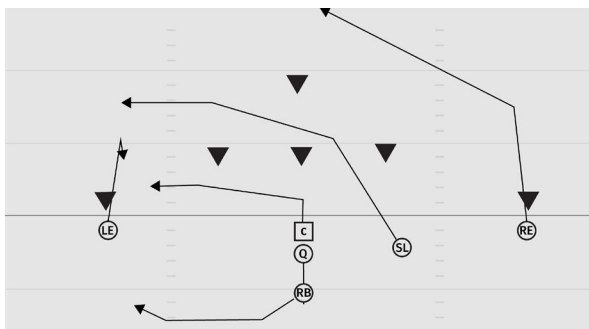
- LE Stalk block playside cornerback
- SL Stalk block support defender or outside linebacker
- C Drive block middle linebacker
- RE Backside cut off most dangerous threat
- Q Open playside, dive hand-off, bootleg out
- RB Dive path, attack A gap

ROOKIE TACKLE 6-PLAYER SPREAD DIVE RIGHT



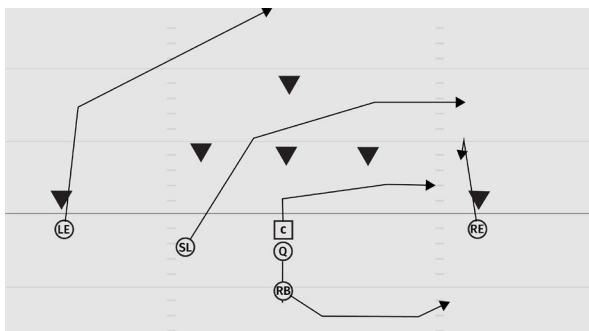
- RE Stalk block playside cornerback
- SL Stalk block support defender or outside linebacker
- C Drive block middle linebacker
- LE Backside cut off most dangerous threat
- Q Open playside, dive hand-off, bootleg out
- RB Dive path, attack A gap

ROOKIE TACKLE 6-PLAYER SPREAD FLOOD LEFT



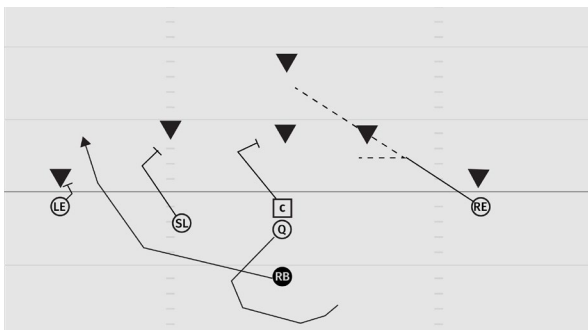
- LE 5 yard Curl
- C 3 yard shallow Cross
- SL Work to 8 yards deep on the Over route
- RE 8 yard Post route
- Q 5 step drop
- RB Swing route playside

ROOKIE TACKLE 6-PLAYER SPREAD FLOOD RIGHT



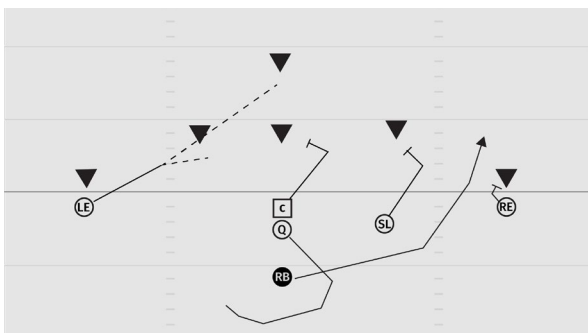
- RE 5 yard Curl
- C 3 yard shallow Cross
- SL Work to 8 yards deep on the Over route
- LE 8 yard Post route
- Q 5 step drop
- RB Swing route playside

ROOKIE TACKLE 6-PLAYER SPREAD STRETCH LEFT



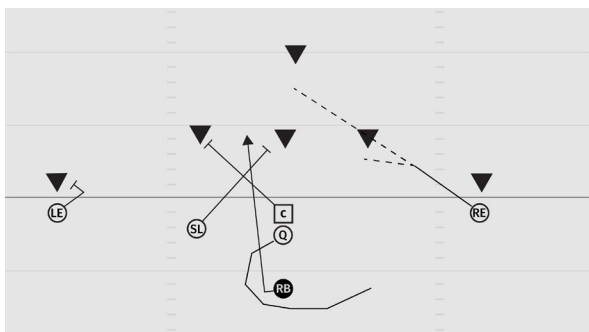
- LE Stalk block cornerback
- SL Reach block support defender or outside linebacker
- C Reach block middle linebacker
- RE Backside cut off most dangerous defender
- Q Open deep play side, get ball to RB with space to read the edge, continue on bootleg action
- RB Attack outside cheek of slot receiver, read the block and look to hit the gap between slot and left end

ROOKIE TACKLE 6-PLAYER SPREAD STRETCH RIGHT



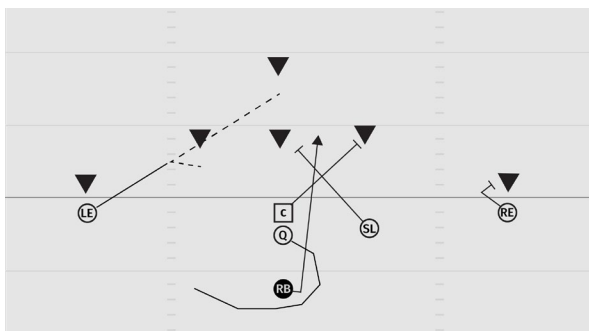
- RE Stalk block cornerback
- SL Reach block support defender or outside linebacker
- C Reach block middle linebacker
- LE Backside cut off most dangerous defender
- Q Open deep play side, get ball to RB with space to read the edge, continue on bootleg action
- RB Attack outside cheek of slot receiver, read the block and look to hit the gap between slot and left end

ROOKIE TACKLE 6-PLAYER SPREAD TRAP LEFT



- LE Stalk block cornerback
- SL Trap block middle linebacker, NO CRACKBACK, must lead with hands and attack defender's chest
- C Block out on support defender and outside linebacker
- RE Backside cutoff most dangerous defender
- Q Open playside, deep hand-off, continue on bootleg path
- RB One lateral step, attack A gap, read slot's trap block

ROOKIE TACKLE 6-PLAYER SPREAD TRAP RIGHT



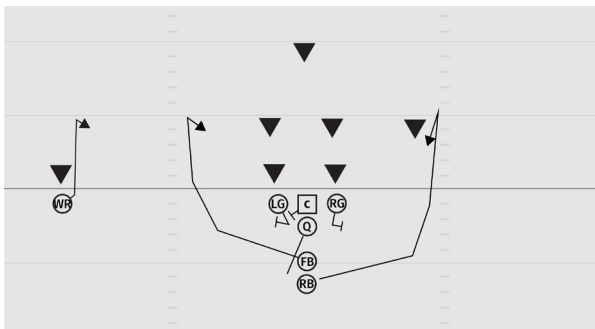
- RE Stalk block cornerback
- SL Trap block middle linebacker, NO CRACKBACK, must lead with hands and attack defender's chest
- C Block out on support defender and outside linebacker
- LE Backside cutoff most dangerous defender
- Q Open playside, deep hand-off, continue on bootleg path
- RB One lateral step, attack A gap, read slot's trap block

7 - PLAYER ROOKIE TACKLE PLAYS

ROOKIE TACKLE 7-PLAYER PRO

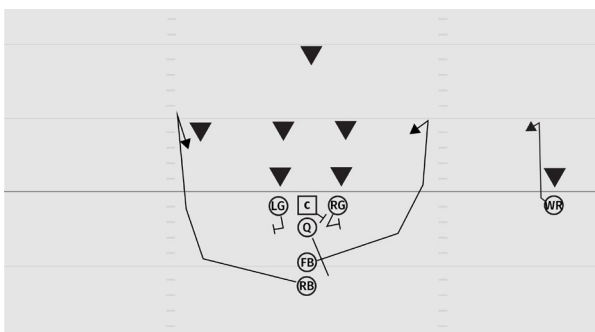


ROOKIE TACKLE 7-PLAYER PRO ALL CURL LEFT



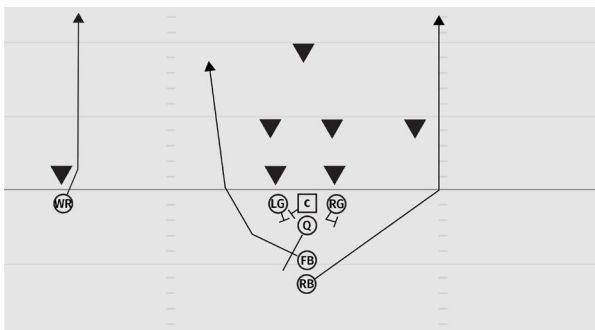
- WR 5 yard Curl
- LG Big on the big pass protection
- C Pass protection, help with any inside rush
- RG Big on big pass protection
- Q 3 step drop
- FB Release playside, 5 yard Curl on the hash
- RB Release opposite playside, 5 yard Curl on the hash

ROOKIE TACKLE 7-PLAYER PRO ALL CURL RIGHT



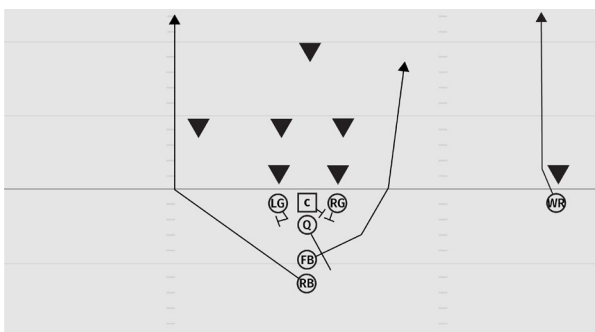
- WR 5 yard Curl
- LG Big on big pass protection
- C Pass protection, help with any inside rush
- RG Big on big pass protection
- Q 3 step drop
- FB Release playside, 5 yard Curl on the hash
- RB Release opposite playside, 5 yard Curl on the hash

ROOKIE TACKLE 7-PLAYER PRO ALL GO LEFT



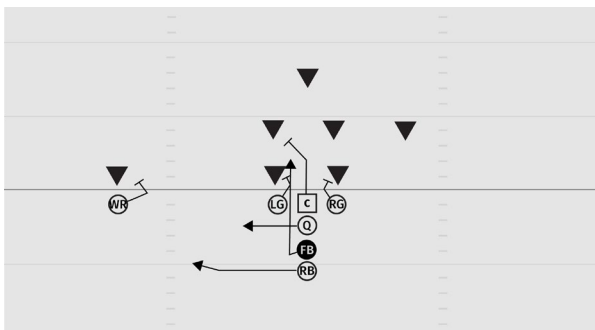
- WR Inside release, Go route staying between numbers and hash
LG Big on the big pass protection
C Pass protection, help on any inside rush
RG Big on big pass protection
Q 5 step drop
FB Release playside, Seam route staying inside the hash
RB Release opposite playside, Seam route aiming down the hash

ROOKIE TACKLE 7-PLAYER PRO ALL GO RIGHT



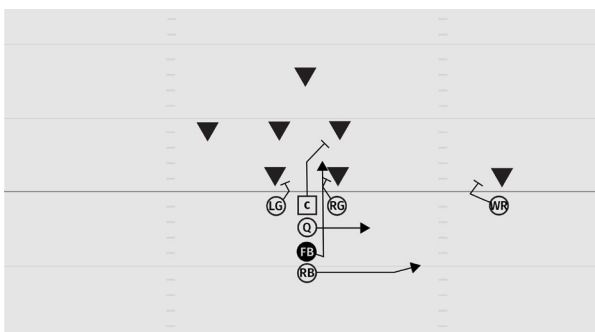
- WR Inside release, Go route staying between numbers and hash
LG Big on big pass protection
C Pass protection, help on any inside rush
RG Big on big pass protection
Q 5 step drop
FB Release playside, Seam route staying inside the hash
RB Release opposite playside, Seam route aiming down the hash

ROOKIE TACKLE 7-PLAYER PRO DIVE LEFT



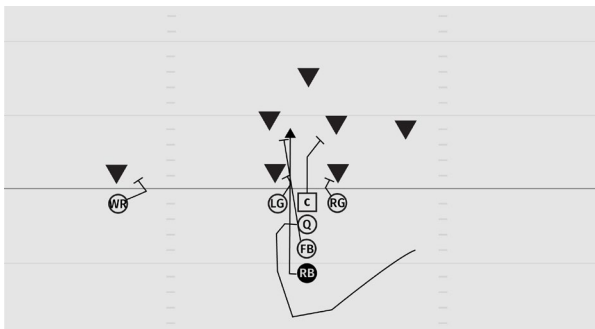
- WR Stalk block cornerback
- LG Drive block inside half of defensive lineman
- C Drive block most dangerous linebacker
- RG Scoop block defensive lineman
- Q Open playside, give dive hand-off, attack down line of scrimmage
- FB One lateral step and attack the A gap
- RB Fake sweep

ROOKIE TACKLE 7-PLAYER PRO DIVE RIGHT



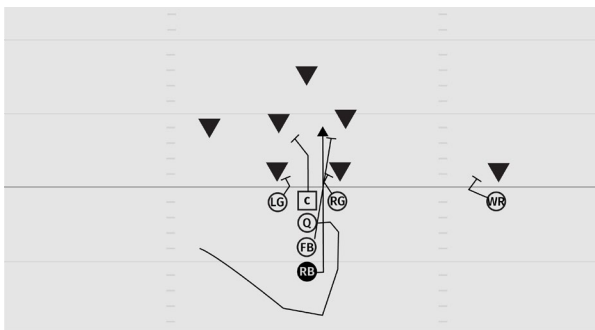
- WR Stalk block cornerback
- LG Drive block inside half of defensive lineman
- C Drive block most dangerous linebacker
- RG Drive block inside half of defensive lineman
- Q Open playside, give dive hand-off, attack down line of scrimmage
- FB One lateral step and attack the A gap
- RB Fake sweep

ROOKIE TACKLE 7-PLAYER PRO ISO LEFT



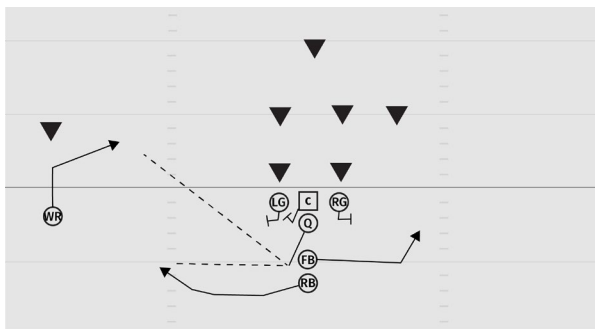
- WR Stalk block cornerback
- LG Drive block inside half of defensive lineman
- C Drive block linebacker away from play call
- RG Scoop block defensive lineman
- Q Open playside, hand-off to second player through (RB), continue with bootleg fake
- FB Lead back playside linebacker
- RB One lateral step, attack A gap and read FB's block

ROOKIE TACKLE 7-PLAYER PRO ISO RIGHT



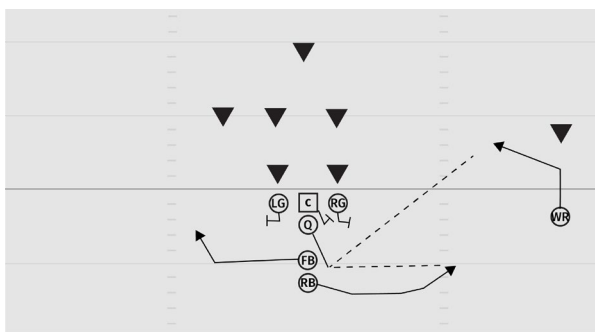
- WR Stalk block cornerback
- LG Drive block inside half of defensive lineman
- C Drive block linebacker away from play call
- RG Scoop block defensive lineman
- Q Open playside, hand-off to second player through (RB), continue with bootleg fake
- FB Lead back playside linebacker
- RB One lateral step, attack A gap and read FB's block

ROOKIE TACKLE 7-PLAYER PRO SWING LEFT



- WR 3 yard Slant route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- Q 3 step drop
- RB Swing route playside
- FB Swing route opposite playside

ROOKIE TACKLE 7-PLAYER PRO SWING RIGHT

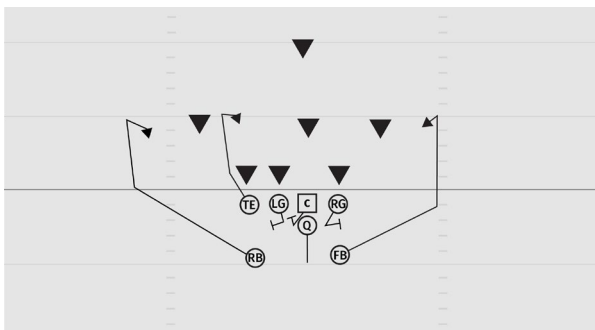


- WR 3 yard Slant route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- Q 3 step drop
- RB Swing route playside
- FB Swing route opposite playside

ROOKIE TACKLE 7-PLAYER TIGHT

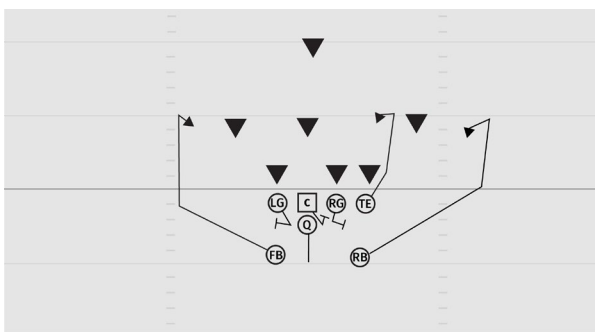


ROOKIE TACKLE 7-PLAYER TIGHT ALL CURL LEFT



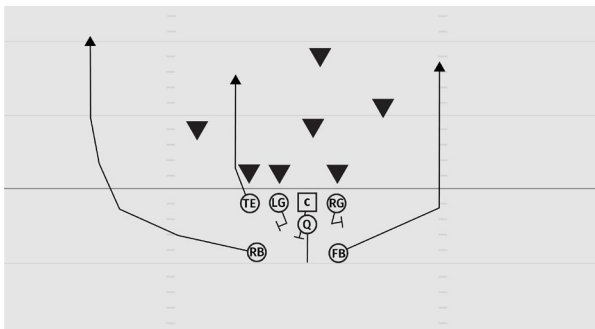
- TE 5 yard Curl route inside widest defender
- LG Big on big pass protection
- C Pass protection, help on inside rush
- RG Big on big pass protection
- RB 5 yard Curl route aiming between number and hash
- FB 5 yard Curl route aiming between number and hash
- Q 3 step drop

ROOKIE TACKLE 7-PLAYER TIGHT ALL CURL RIGHT



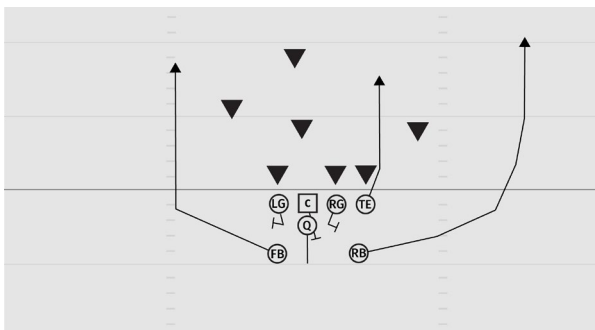
- TE 5 yard Curl route inside widest defender
- LG Big on big pass protection
- C Pass protection, help on inside rush
- RG Big on big pass protection
- RB 5 yard Curl route aiming between number and hash
- FB 5 yard Curl route aiming between number and hash
- Q 3 step drop

ROOKIE TACKLE 7-PLAYER TIGHT ALL GO LEFT



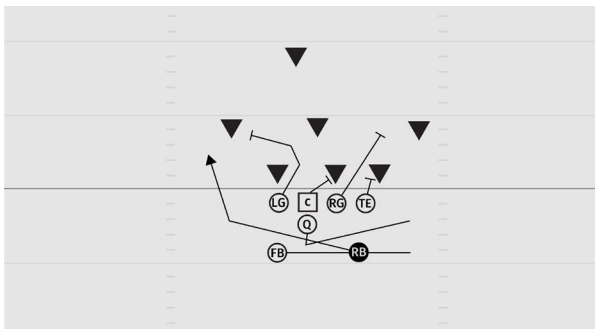
- TE Outside release, Seam route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RB Go aiming between number and hash
- FB Go route aiming down hash
- Q 5 step drop

ROOKIE TACKLE 7-PLAYER TIGHT ALL GO RIGHT



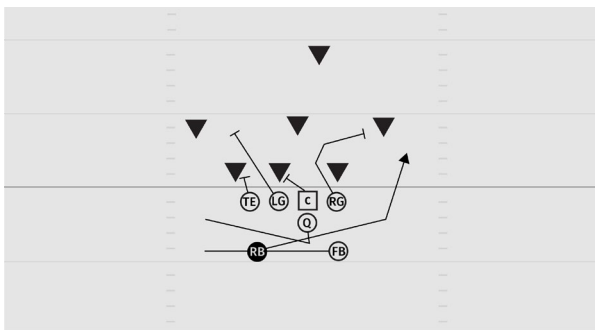
- TE Outside release, Seam route
- RG Big on big pass protection
- C Pass protection, help on any inside rush
- LG Big on big pass protection
- RB Go aiming between number and hash
- FB Go route aiming down hash
- Q 5 step drop

ROOKIE TACKLE 7-PLAYER TIGHT CROSS LEFT



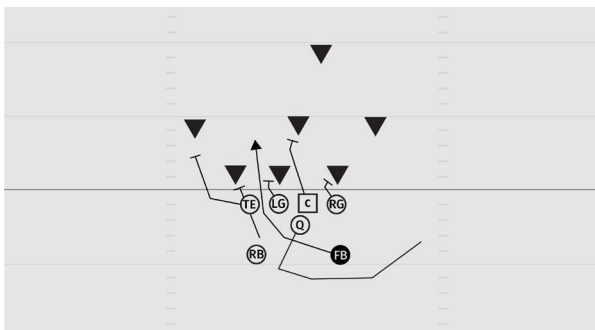
- LG Inside release, work back out to widest defender
- C Block back on defensive lineman
- RG Inside release to widest linebacker to that side
- TE Base block defensive lineman
- RB Delay one second to let play develop, take path between QB and FB, attack edge around unblocked defensive lineman and read LG block
- FB Fake sweep
- Q Open deep, fake sweep outside hand-off to RB

ROOKIE TACKLE 7-PLAYER TIGHT CROSS RIGHT



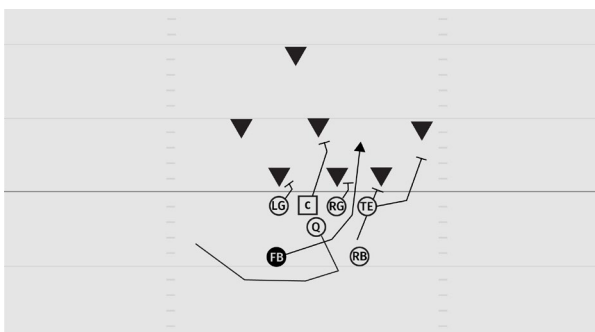
- RG Inside release, work back out to widest defender
- C Block back on defensive lineman
- LG Inside release to widest linebacker to that side
- TE Base block defensive lineman
- RB Delay one second to let play develop, take path between QB and FB, attack edge around unblocked defensive lineman and read LG block
- FB Fake sweep
- Q Open deep, fake sweep outside hand-off to RB

ROOKIE TACKLE 7-PLAYER TIGHT KICKOUT LEFT



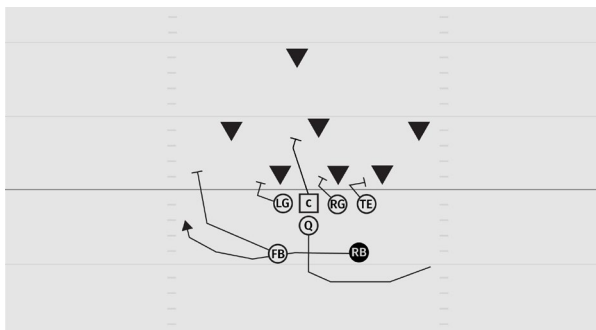
- TE Arc release to widest defender
- LG Reach block defensive lineman
- C Reach block middle linebacker
- RG Scoop block defensive lineman
- FB Attack B gap behind RB's kickout block
- RB Kickout widest defensive lineman
- Q Open playside, continue on bootleg fake

ROOKIE TACKLE 7-PLAYER TIGHT KICKOUT RIGHT



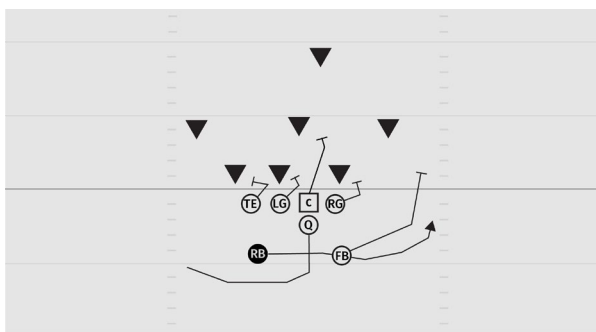
- TE Arc release to widest defender
- RG Reach block defensive lineman
- C Reach block middle linebacker
- LG Scoop block defensive lineman
- FB Attack B gap behind RB's kickout block
- RB Kickout widest defensive lineman
- Q Open playside, continue on bootleg fake

ROOKIE TACKLE 7-PLAYER TIGHT SWEEP LEFT



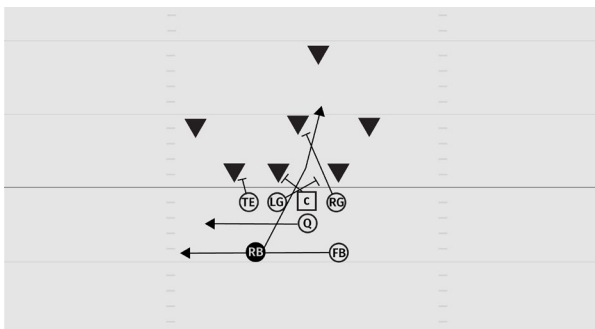
- LG Reach block defensive lineman
- C Reach block middle linebacker
- RG Scoop block defensive lineman
- TE Scoop block defensive lineman
- RB Lateral path across formation, receive hand-off and follow FB
- FB Lead around the corner and block the most dangerous defender
- Q Open deep and give flat hand-off to RB

ROOKIE TACKLE 7-PLAYER TIGHT SWEEP RIGHT



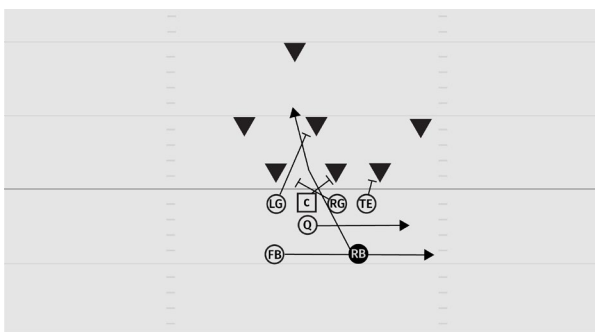
- LG Reach block defensive lineman
- C Reach block middle linebacker
- RG Scoop block defensive lineman
- TE Scoop block defensive lineman
- RB Lateral path across formation, receive hand-off and follow FB
- FB Lead around the corner and block the most dangerous defender
- Q Open deep and give flat hand-off to RB

ROOKIE TACKLE 7-PLAYER TIGHT TRAP LEFT



- RG Inside release, drive block middle linebacker
- C Block back on defensive lineman
- LG Trap block playside defensive lineman
- TE Base block defensive lineman
- RB Pause one second to time up with puller, attack A gap behind trap block
- FB Fake sweep
- Q Fake sweep down the line and give inside hand-off to RB

ROOKIE TACKLE 7-PLAYER TIGHT TRAP RIGHT

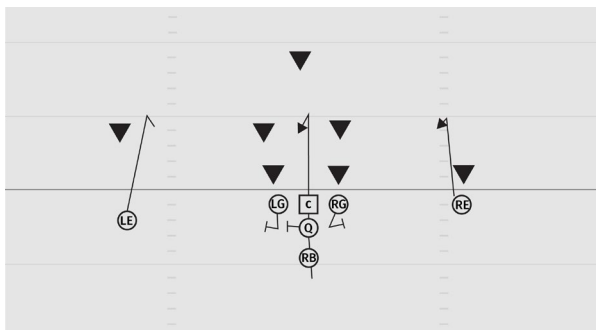


- LG Inside release, drive block middle linebacker
- C Block back on defensive lineman
- RG Trap block playside defensive lineman
- TE Base block defensive lineman
- RB Pause one second to time up with puller, attack A gap behind trap block
- FB Fake sweep
- Q Fake sweep down the line and give inside hand-off to RB

ROOKIE TACKLE 7-PLAYER SPREAD

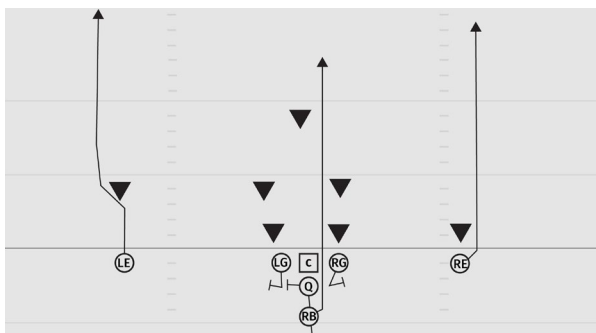


ROOKIE TACKLE 7-PLAYER SPREAD ALL CURL



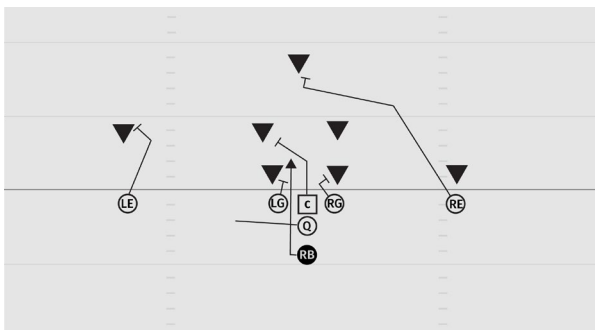
- LE 5 yard Curl route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE 5 yard Curl route
- RB Release through the line, 5 yard Curl route
- Q 3 step drop

ROOKIE TACKLE 7-PLAYER SPREAD ALL GO



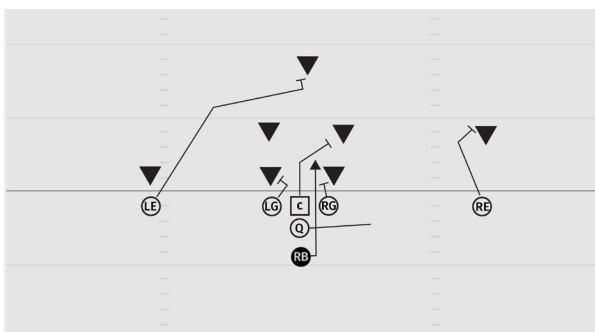
- LE Outside release, Go route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE Outside release, Go route
- Q 5 step drop
- RB Release through the line, middle of the field Go route

ROOKIE TACKLE 7-PLAYER SPREAD DIVE LEFT



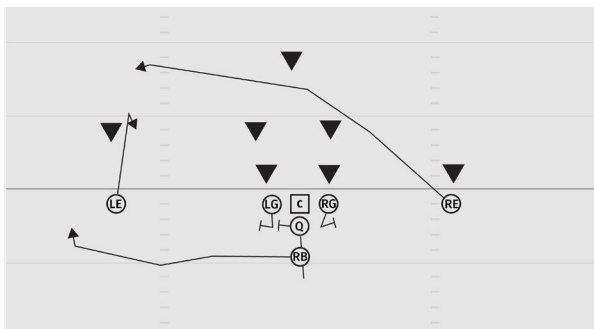
- LE Stalk block cornerback
- LG Drive block most dangerous lineman
- C Drive block most dangerous linebacker
- RG Scoop block defensive lineman
- RE Inside release work to block deep safety
- Q Open playside, dive hand-off, continue fake down the line
- RB One lateral step, attack A gap, follow C's block

ROOKIE TACKLE 7-PLAYER SPREAD DIVE RIGHT



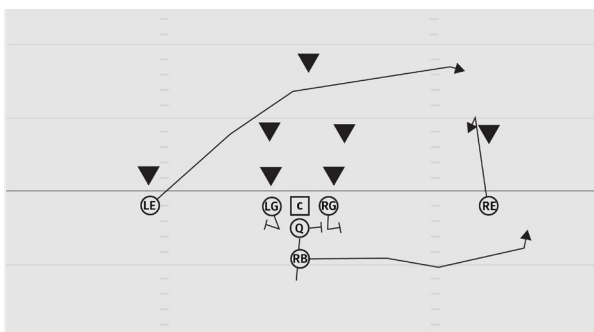
- LE Stalk block cornerback
- RG Drive block inside half of defensive lineman
- C Drive block most dangerous linebacker
- LG Scoop block defensive lineman
- LE Inside release work to block deep safety
- Q Open playside, dive hand-off, continue fake down the line
- RB One lateral step, attack A gap, follow C's block

ROOKIE TACKLE 7-PLAYER SPREAD FLOOD LEFT



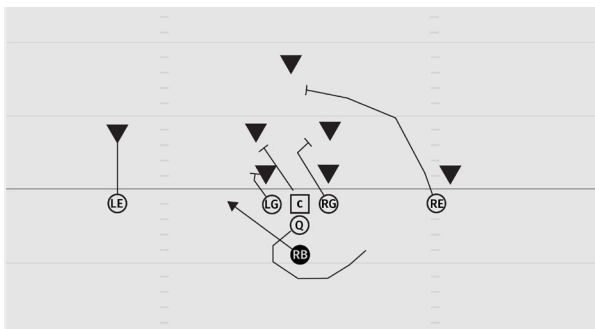
- LE 5 yard Curl route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE Crossing route working to 8 yards deep
- Q 5 step drop
- RB Swing route playside

ROOKIE TACKLE 7-PLAYER SPREAD FLOOD RIGHT



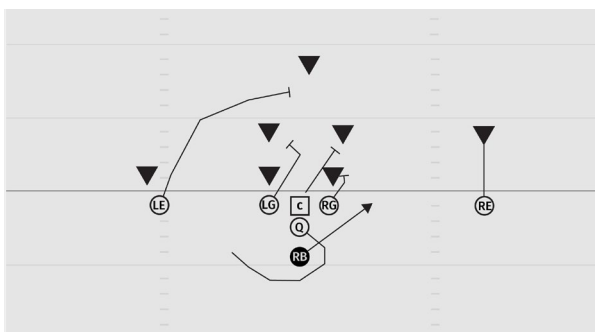
- RE 5 yard Curl route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- LE Crossing route working to 8 yards deep
- Q 5 step drop
- RB Swing route playside

ROOKIE TACKLE 7-PLAYER SPREAD STRETCH LEFT



- LE Stalk block cornerback
- LG Reach block defensive lineman
- C Reach block playside linebacker
- RG Inside release, cut-off block backside linebacker
- RE Inside release, work to block deep safety
- Q Open deep playside, continue bootleg fake after hand-off
- RB Attack outside edge of LG, read block

ROOKIE TACKLE 7-PLAYER SPREAD STRETCH RIGHT



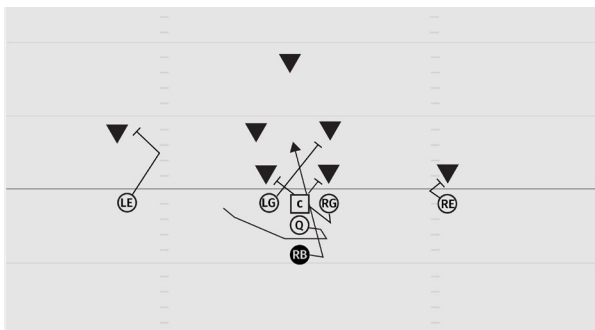
- RE Stalk block cornerback
- RG Reach block defensive lineman
- C Reach block playside linebacker
- LG Inside release, cut-off block backside linebacker
- LE Inside release, work to block deep safety
- Q Open deep playside, continue bootleg fake after hand-off
- RB Attack outside edge of LG, read block

ROOKIE TACKLE 7-PLAYER SPREAD TRAP LEFT



- LE Stalk block cornerback
- LG Trap block fat defensive lineman
- C Block back on defensive lineman
- RG Inside release for most dangerous linebacker
- RE Stalk block cornerback
- Q Open playside, bootleg fake after hand-off
- RB Lateral step to time up with puller, follow Guard into the hole

ROOKIE TACKLE 7-PLAYER SPREAD TRAP RIGHT



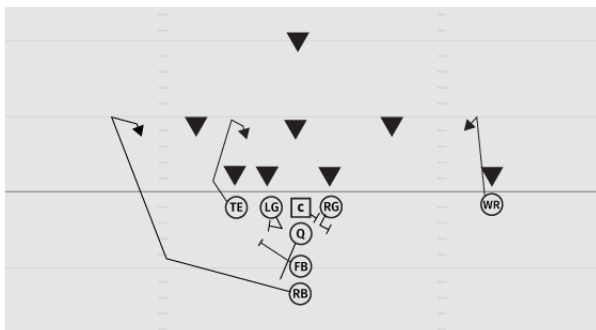
- RE Stalk block cornerback
- RG Trap block fat defensive lineman
- C Block block on defensive lineman
- LG Inside release for most dangerous linebacker
- LE Stalk block cornerback
- Q Open playside, bootleg fake after hand-off
- RB Lateral step to time up with puller, follow Guard into the hole

8 - PLAYER ROOKIE TACKLE PLAYS

ROOKIE TACKLE 8-PLAYER PRO

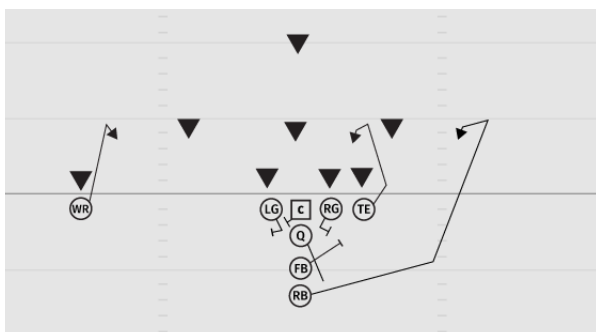


ROOKIE TACKLE 8-PLAYER PRO ALL CURL LEFT



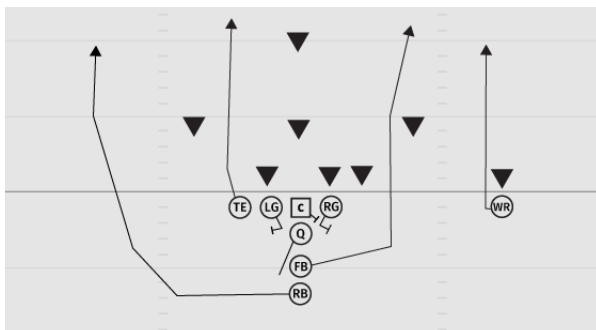
- TE Outside release, 5 yard Curl inside widest defender
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- WR Inside release, 5 yard Curl route
- FB Fill in behind TE, pass protection
- RB 5 yard curl aiming between number and hash
- Q 3 step drop

ROOKIE TACKLE 8-PLAYER PRO ALL CURL RIGHT



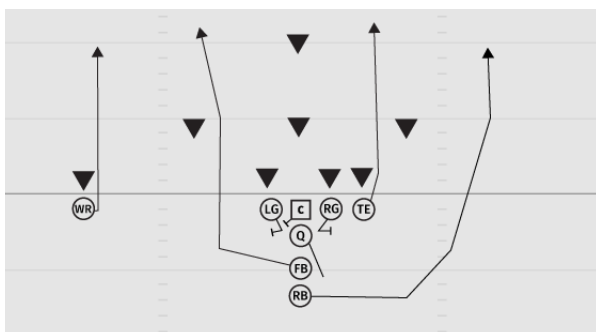
- TE Outside release, 5 yard Curl inside widest defender
- RG Big on big pass protection
- C Pass protection, help on any inside rush
- LG Big on big pass protection
- WR Inside release, 5 yard Curl route
- FB Fill in behind TE, pass protection
- RB 5 yard curl aiming between number and hash
- Q 3 step drop

ROOKIE TACKLE 8-PLAYER PRO ALL GO LEFT



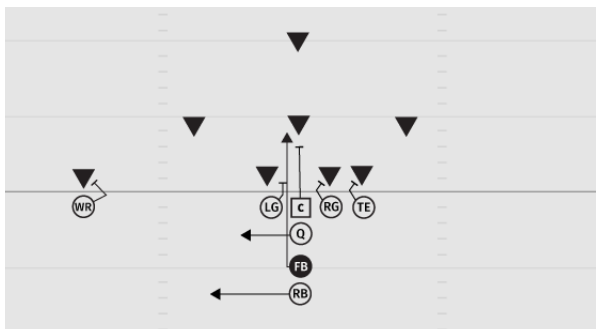
- TE Outside release, Go route inside widest defender
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- WR Inside release, Go route
- Q 5 step drop
- FB Seam route inside widest linebacker
- RB Go route aiming between numbers and hash

ROOKIE TACKLE 8-PLAYER PRO ALL GO RIGHT



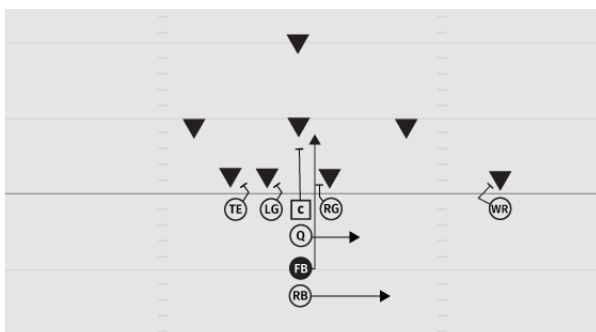
- TE Outside release, Go route inside widest defender
- RG Big on big pass protection
- C Pass protection, help on any inside rush
- LG Big on big pass protection
- WR Inside release, Go route
- Q 5 step drop
- FB Seam route inside widest linebacker
- RB Go route aiming between numbers and hash

ROOKIE TACKLE 8-PLAYER PRO DIVE LEFT



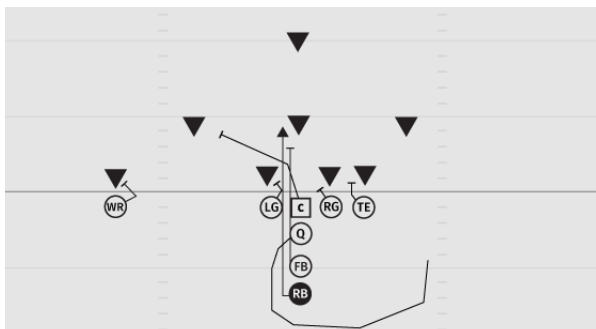
- WR Stalk block cornerback
- LG Drive block inside half of defensive lineman
- C Drive block middle linebacker
- RG Scoop block defensive lineman
- TE Scoop back defensive lineman
- Q Open playside, give dive, continue fake down the line
- FB One lateral step, attack A gap, read C's block
- RB Fake sweep

ROOKIE TACKLE 8-PLAYER PRO DIVE RIGHT



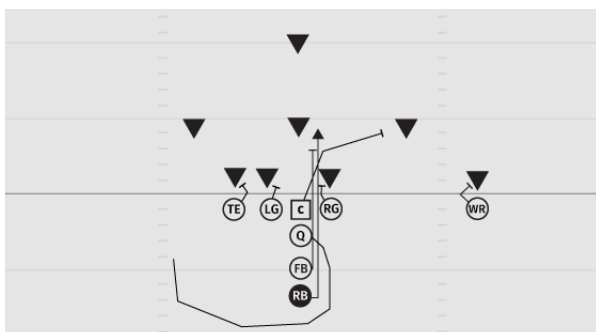
- WR Stalk block cornerback
- RG Drive block inside half of defensive lineman
- C Drive block middle linebacker
- LG Scoop block defensive lineman
- TE Scoop back defensive lineman
- Q Open playside, give dive, continue fake down the line
- FB One lateral step, attack A gap, read C's block
- RB Fake sweep

ROOKIE TACKLE 8-PLAYER PRO ISO LEFT



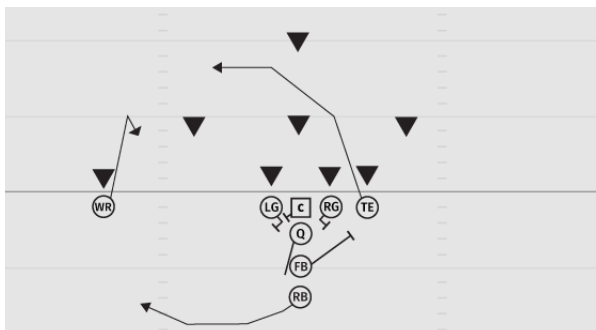
- WR Stalk block cornerback
- LG Drive block inside half of defensive lineman
- C Work to playside linebacker
- RG Scoop block defensive lineman
- TE Scoop back defensive lineman
- Q Open playside, give to second player through (RB), continue on bootleg fake
- FB Lead block on middle linebacker
- RB One lateral step, attack A gap, read FB's block

ROOKIE TACKLE 8-PLAYER PRO ISO RIGHT



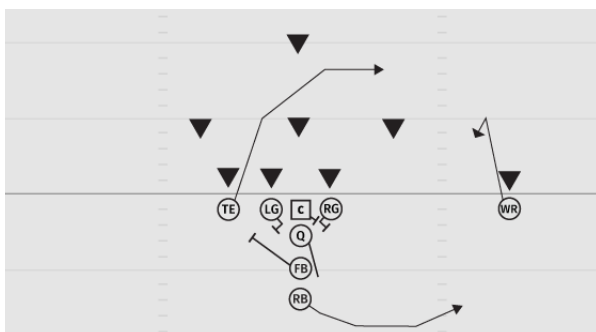
- WR Stalk block cornerback
- RG Drive block inside half of defensive lineman
- C Work to playside linebacker
- LG Scoop block defensive lineman
- TE Scoop back defensive lineman
- Q Open playside, give to second player through (RB), continue on bootleg fake
- FB Lead block on middle linebacker
- RB One lateral step, attack A gap, read FB's block

ROOKIE TACKLE 8-PLAYER PRO SWINGS LEFT



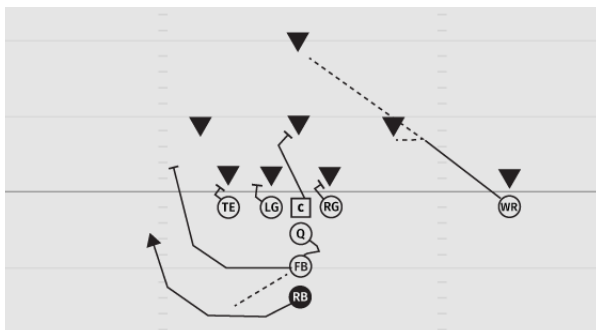
- WR 5 yard Curl route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- TE Crossing route working to 8 yards deep
- Q 5 step drop
- FB Fill in behind TE, pass protection help
- RB Swing route to playside

ROOKIE TACKLE 8-PLAYER PRO SWINGS RIGHT



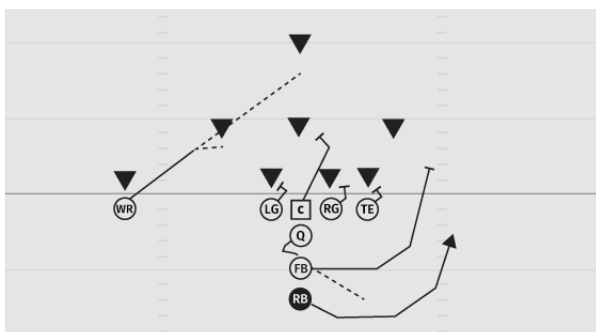
- WR 5 yard Curl route
- RG Big on big pass protection
- C Pass protection, help on any inside rush
- LG Big on big pass protection
- TE Crossing route working to 8 yards deep
- Q 5 step drop
- FB Fill in behind TE, pass protection help
- RB Swing route to playside

ROOKIE TACKLE 8-PLAYER PRO TOSS LEFT



- TE Reach block defensive lineman
- LG Reach block defensive lineman
- C Reach block middle linebacker
- RG Scoop block defensive lineman
- WR Backside cut off most dangerous defender
- Q Reverse pivot, toss to RB
- FB Attack around the edge, block most dangerous defender
- RB Bucket step, stay lateral with shoulders square until pitch, follow FB's block

ROOKIE TACKLE 8-PLAYER PRO TOSS RIGHT

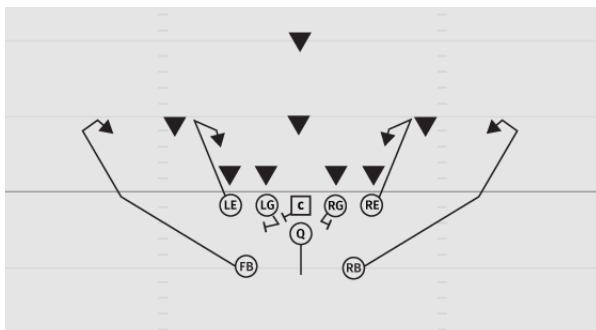


- TE Reach block defensive lineman
- RG Reach block defensive lineman
- C Reach block middle linebacker
- LG Scoop block defensive lineman
- WR Backside cut off most dangerous defender
- Q Reverse pivot, toss to RB
- FB Attack around the edge, block most dangerous defender
- RB Bucket step, stay lateral with shoulders square until pitch, follow FB's block

ROOKIE TACKLE 8-PLAYER TIGHT

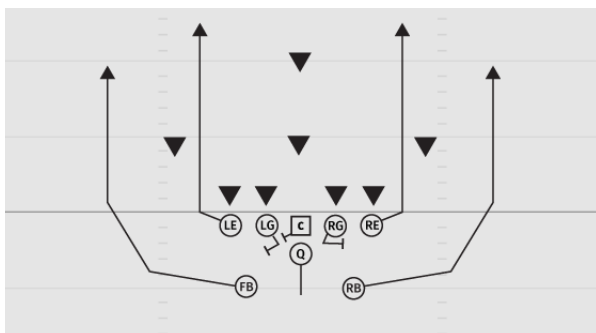


ROOKIE TACKLE 8-PLAYER TIGHT ALL CURL



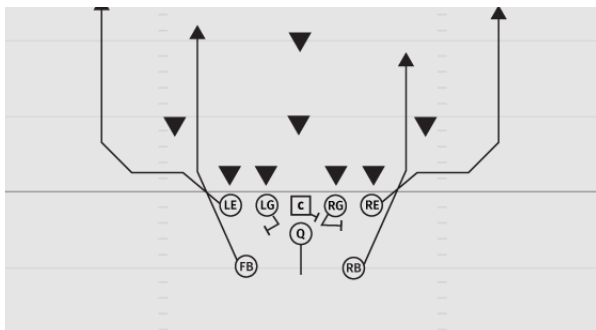
- LE 5 yard Curl inside widest defender
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protections
- RE 5 yard Curl inside widest defender
- Q 3 step drop
- RB 5 yard Curl aiming between hash and numbers
- FB 5 yard Curl aiming between hash and numbers

ROOKIE TACKLE 8-PLAYER PRO TIGHT ALL GO



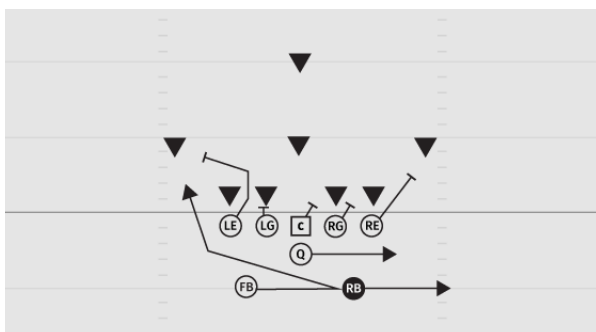
- LE Seam route inside widest defender
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE Seam route inside widest defender
- Q 5 step drop
- FB Seam route aiming for in between hash and numbers
- RB Seam route aiming for in between hash and numbers

ROOKIE TACKLE 8-PLAYER TIGHT ALL GO SWITCH



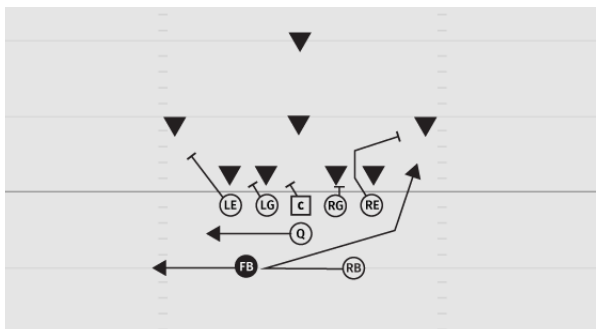
- LE Seam route aiming for in between hash and numbers
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE Seam route aiming for in between hash and number
- Q 5 step drop
- RB Seam route inside widest defender
- FB Seam route inside widest defender

ROOKIE TACKLE 8-PLAYER PRO TIGHT CROSS LEFT



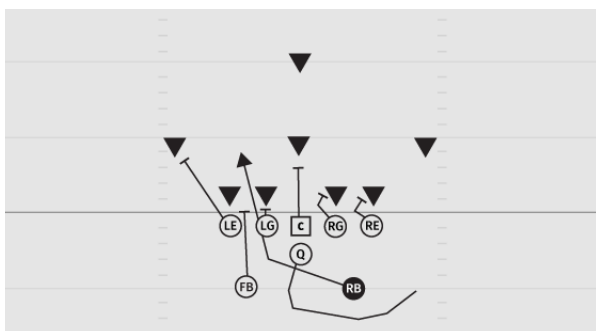
- LE Inside release head up defender, redirect and block outside linebacker
- LG Drive block man on
- C Block back on defensive tackle
- RG Block back on defensive end
- RE Block out on widest defender to sell sweep
- Q Open to fake sweep side and attack down line, outside hand-off to RB
- RB One second delay for timing, run line between Q and FB to outside, around unblocked defensive lineman and LE's block
- FB Fake sweep

ROOKIE TACKLE 8-PLAYER TIGHT CROSS RIGHT



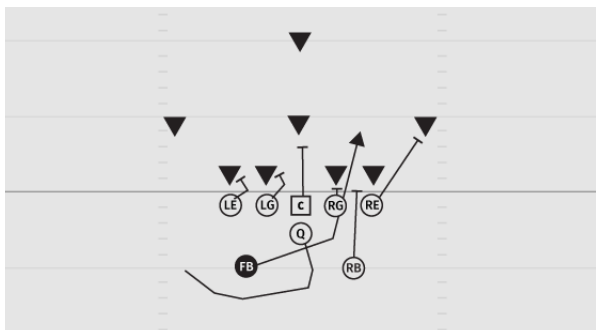
- RE Insider release head up defender, redirect and block outside linebacker
- RG Drive block defenses mash and mesh
- C Block back on defensive tackle
- LG Block back on defensive end
- LE Block out on widest defender to sell sweep
- Q Open to fake sweep side and attack down line, outside hand off to RB
- FB One second delay for timing, run line between Q and FB to outside, around unblocked defensive lineman and read RE's block
- RB Fake sweep

ROOKIE TACKLE 8-PLAYER TIGHT KICKOUT LEFT



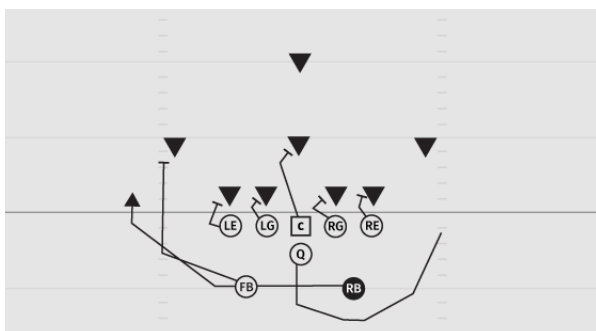
- LE Block out on outside linebacker
- LG Drive block defensive tackle
- C Drive block middle Linebacker
- RG Scoop block defensive tackle
- RE Scoop block defensive end
- Q Reverse pivot, outside hand-off to RB, boot fake
- FB Kickout block of Defensive End
- RB Aim at far guard's outside hip, read kickout block and explode through hole

ROOKIE TACKLE 8-PLAYER TIGHT KICKOUT RIGHT



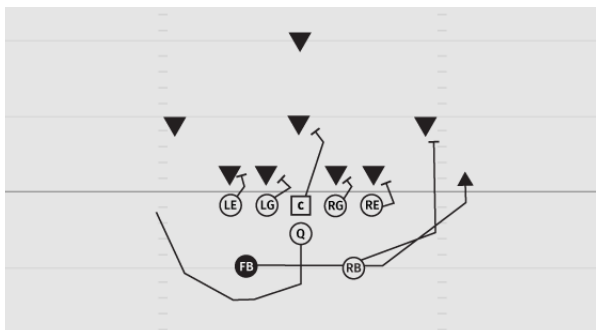
- RE Block out on outside linebacker
- RG Drive block defensive tackle
- C Drive block middle linebacker
- LG Scoop block defensive tackle
- LE Scoop block defensive end
- Q Reverse pivot, outside hand-off to RB, boot fake
- RB Kickout block on defensive end
- FB Aim at far guard's outside hip, read kickout block and explode through hole

ROOKIE TACKLE 8-PLAYER TIGHT SWEEP LEFT



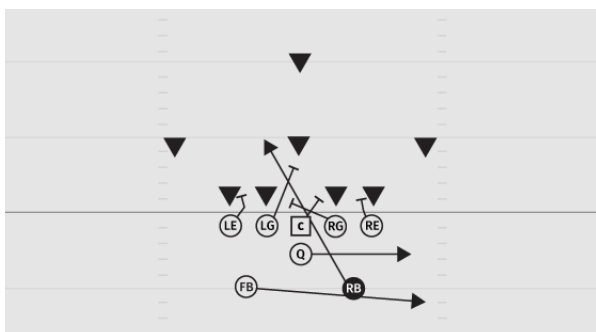
- LE Block out defensive end
- LG Reach block defensive tackle
- C Reach block middle linebacker
- RG Scoop block defensive tackle
- RE Scoop block defensive end
- Q Reverse pivot, outside hand-off to RB, boot fake
- FB Attack around the edge of LE, block the most dangerous defender
- RB Flat line across formation, receive hand-off and follow FB's block to outside

ROOKIE TACKLE 8-PLAYER TIGHT SWEEP RIGHT



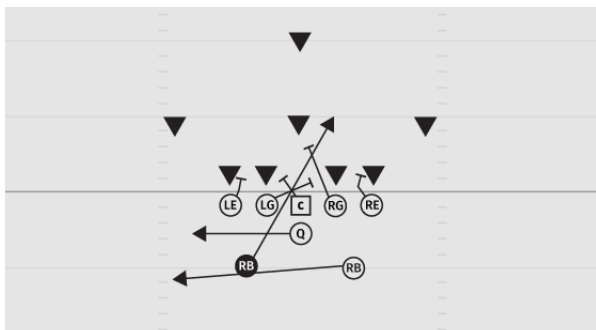
- RE Reach block defensive end
- RG Reach block defensive tackle
- C Reach block middle linebacker
- LG Scoop block defensive tackle
- LE Scoop block defensive end
- Q Reverse pivot, outside hand-off to RB, boot fake
- RB Attack around the edge of RE, block the most dangerous defender
- FB Flat line across formation, receive hand-off and follow FB's block to outside

ROOKIE TACKLE 8-PLAYER TIGHT TRAP LEFT



- LE Scoop block defensive end
- LG Slip inside and drive block middle linebacker
- C Block back on defensive tackle
- RG Pull and trap defensive tackle
- RE Scoop block defensive end
- Q Open up and attack down line, slow to allow hand-off to RB and continue to attack down the line
- RB Follow pulling guard into the hole and read trap block
- FB Fake sweep

ROOKIE TACKLE 8-PLAYER TIGHT TRAP RIGHT

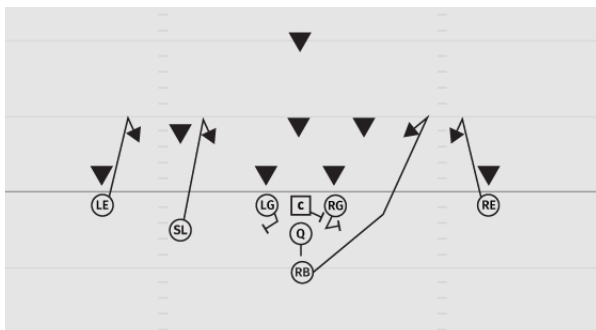


- RE Scoop block defensive end
- RG Slip inside and drive block middle linebacker
- C Block back on defensive tackle
- LG Pull and trap defensive tackle
- LE Scoop block defensive end
- Q Open up and attack down line, slow to allow hand-off to RB and continue to attack down the line
- RB Follow pulling guard into the hole and read trap block
- FB Fake sweep

ROOKIE TACKLE 8-PLAYER SPREAD

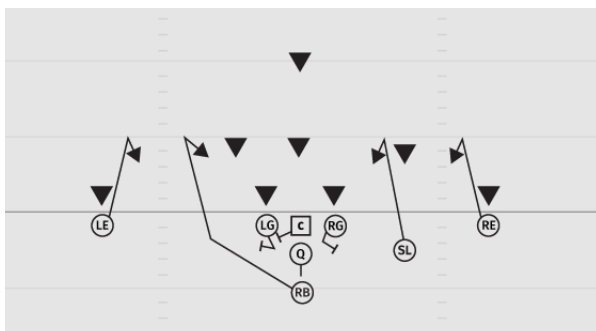


ROOKIE TACKLE 8-PLAYER SPREAD ALL CURL LEFT



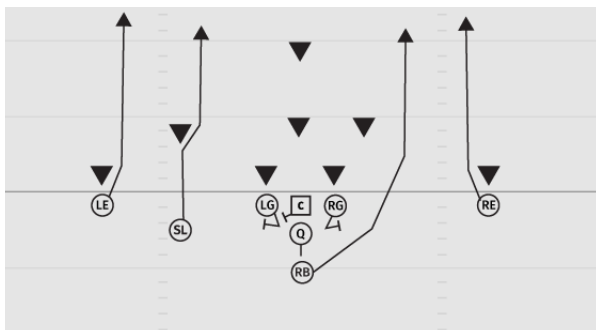
- LE 5 yard Curl route
- SL 5 yard Curl route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE 5 yard Curl route
- Q 3 step down
- RB 5 yard Curl route, look for space between defenders

ROOKIE TACKLE 8-PLAYER SPREAD ALL CURL RIGHT



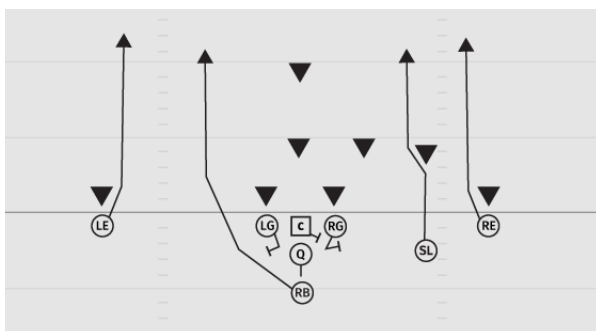
- RE 5 yard Curl route
- SL 5 yard Curl route
- RG Big on big pass protection
- C Pass protection, help on any inside rush
- LG Big on big pass protection
- LE 5 yard Curl route
- Q 3 step down
- RB 5 yard Curl route, look for space between defenders

ROOKIE TACKLE 8-PLAYER SPREAD ALL GO LEFT



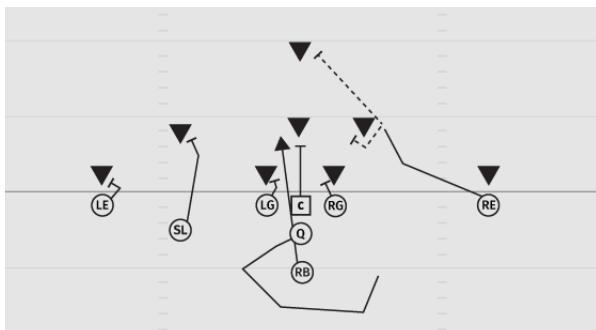
- LE Inside release, Go route
- SL Seam route staying inside the hash
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE Inside release, Go route
- Q 5 step down
- RB Work for width out of backfield, Seam route staying inside the hash

ROOKIE TACKLE 8-PLAYER SPREAD ALL GO RIGHT



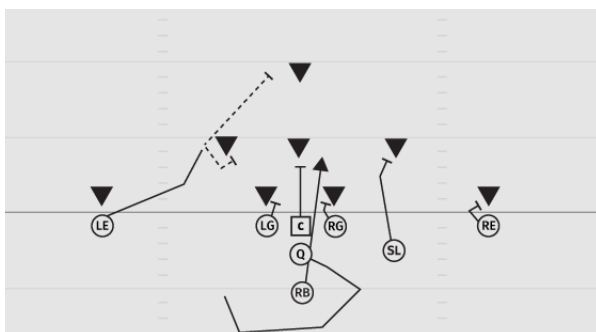
- RE Inside release, Go route
- SL Seam route staying inside the hash
- RG Big on big pass protection
- C Pass protection, help on any inside rush
- LG Big on big pass protection
- LE Inside release, Go route
- Q 5 step down
- RB Work for width out of backfield, Seam route staying inside the hash

ROOKIE TACKLE 8-PLAYER SPREAD DIVE LEFT



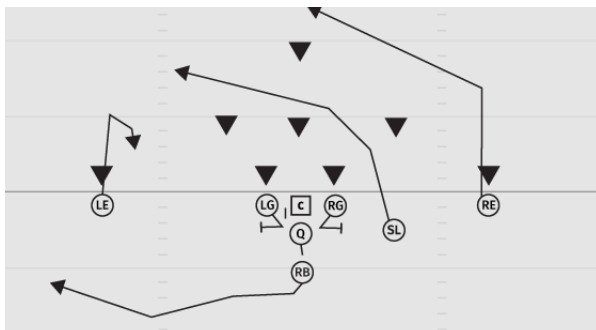
- LE Stalk block cornerback
- SL Stalk block most dangerous outside defender
- LG Drive block inside half of defensive lineman
- C Drive block middle linebacker
- RG Scoop block defense lineman
- RE Work to cut off the backside most dangerous defender
- Q Open playside, continue bootleg fake after hand-off
- RB Attack A gap, read LG-C block for hole

ROOKIE TACKLE 8-PLAYER SPREAD DIVE RIGHT



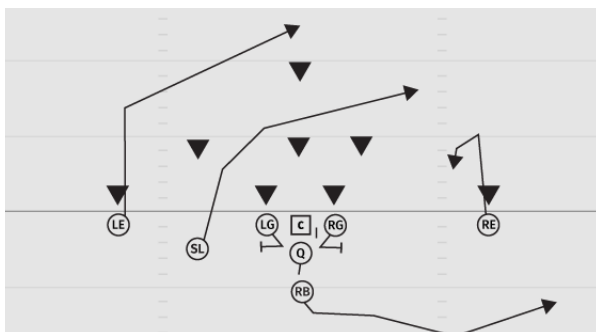
- RE Stalk block cornerback
- SL Stalk block most dangerous outside defender
- RG Drive block inside half of defensive lineman
- C Drive block middle linebacker
- LG Scoop block defense lineman
- LE Work to cut off the backside most dangerous defender
- Q Open playside, continue bootleg fake after hand-off
- RB Attack A gap, read LG-C block for hole

ROOKIE TACKLE 8-PLAYER SPREAD FLOOD LEFT



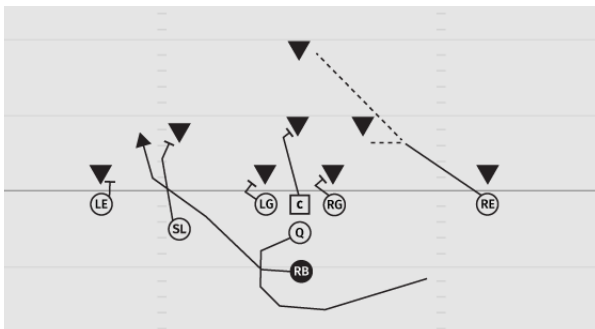
- LE 5 yard Curl route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- SL Crossing route working to 8 yards deep
- RE 8 yard Post route
- Q 5 step drop
- RB Swing route playside

ROOKIE TACKLE 8-PLAYER SPREAD FLOOD RIGHT



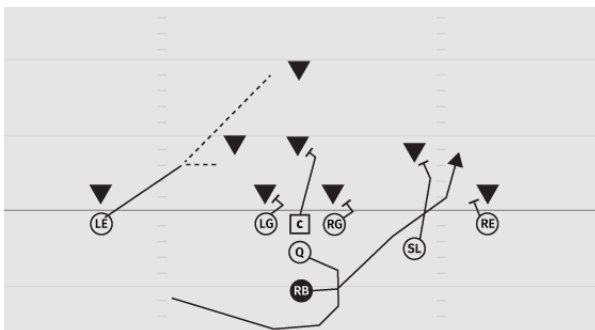
- RE 5 yard Curl route
- RG Big on big pass protection
- C Pass protection, help on any inside rush
- LG Big on big pass protection
- SL Crossing route working to 8 yards deep
- LE 8 yard Post route
- Q 5 step drop
- RB Swing route playside

ROOKIE TACKLE 8-PLAYER SPREAD STRETCH LEFT



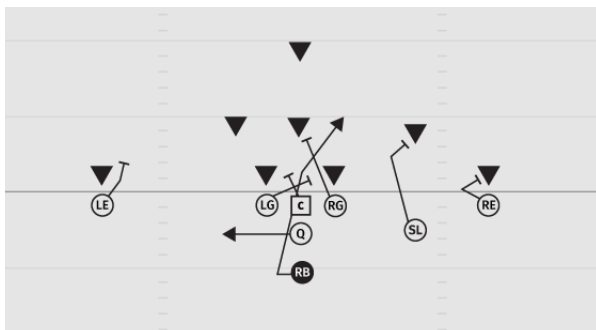
- LE Stalk block cornerback
- SL Seal most dangerous outside defender to the inside
- LG Reach block defensive lineman
- C Reach block middle linebacker
- RG Scoop block defensive lineman
- RE Work to cut-of backside most dangerous defender
- Q Open deep to give RB space attack the outside, continue on bootleg fake
- RB Initial aim point is slot receiver, follow and read his block

ROOKIE TACKLE 8-PLAYER SPREAD STRETCH RIGHT



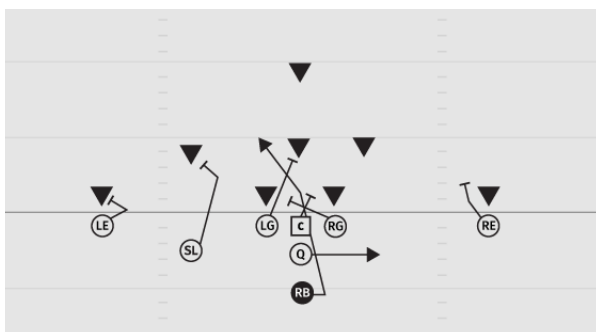
- RG Stalk block cornerback
- SL Seal most dangerous outside defender to the inside
- RG Reach block defensive lineman
- C Reach block middle linebacker
- LG Scoop block defensive lineman
- LE Work to cut-of backside most dangerous defender
- Q Open deep to give RB space attack the outside, continue on bootleg fake
- RB Initial aim point is slot receiver, follow and read his block

ROOKIE TACKLE 8-PLAYER SPREAD TRAP LEFT



- LE Stalk block cornerback
- LG Trap block far side defensive lineman
- C Block back on defensive lineman
- RG Inside release, block most dangerous linebacker
- SL Block most dangerous outside defender
- RE Stalk block cornerback
- Q Open playside, inside hand-off and continue fake down the line
- RB One lateral step to time up with guard. Attack A gap following trap block

ROOKIE TACKLE 8-PLAYER SPREAD TRAP RIGHT



- RE Stalk block cornerback
- RG Trap block far side defensive lineman
- C Block back on defensive lineman
- LG Inside release, block most dangerous linebacker
- SL Block most dangerous outside defender
- LE Stalk block cornerback
- Q Open playside, inside hand-off and continue fake down the line
- RB One lateral step to time up with guard. Attack A gap following trap block



 **USA[®]**
FOOTBALL